



慈光福利协会

METTA WELFARE ASSOCIATION

Metta Charity Run@East Coast **2010 慈光慈善义跑**

Saturday, 6 March 2010

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| Guest-of-Honour | Ms Jessica Tan Soon Neo MP for East Coast GRC and Advisor to East Coast GRC GROs |
| Time | Participants to assemble by 7 am, 7:30 am flag-off for 10 km, and 7:45 am flag-off for 5 km |
| Starting & End Point | Angsana Green, East Coast Park (next to Lagoon Food Village E2 Car Park) |
| Shuttle-Bus Service | From Tanah Merah MRT (5.45 am to 7.45 am); to Tanah Merah MRT (10 am to 1 pm) |

For more information, please call Ms Ng Zi Hui at 6580 4688 or email events@metta.org.sg.

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Registration Form (For Online Registration, please visit www.metta.org.sg)

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| I would like to run <input type="checkbox"/> 5 km \$20 (for early bird), \$25 (after 6 February) | <input type="checkbox"/> 10 km (for participants 14 years and above) \$25 (for early bird), \$30 (after 6 February) |
| My Particulars Name: _____ NRIC/Passport Number: _____ Gender: Male Female Date of Birth: _____ Blood Group: <input type="checkbox"/> O+ <input type="checkbox"/> A+ <input type="checkbox"/> B+ <input type="checkbox"/> AB+ <input type="checkbox"/> O- <input type="checkbox"/> A- <input type="checkbox"/> B- <input type="checkbox"/> AB- <input type="checkbox"/> I do not know Nationality: _____ Polo Tee Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL | |
| My Contact Details Address: _____ Postal Code: _____ Contact Nos: _____ (home) _____ (mobile) Email: _____ Allergies (if any): _____ Medical Condition (if any): _____ | |
| Next of Kin Name: _____ Relationship: _____ Contact Nos: _____ (home) _____ (mobile) | |
| Indemnity (To be completed by parent/guardian for participants under 18 years of age) Name: _____ Relationship: _____ NRIC/Passport Number: _____ Contact Nos: _____ (home) _____ (mobile) <i>of the above participant, have read the rules and regulations and allow him/her to participate in Metta Charity Run 2010 and shall not hold the Organisers, their sponsors, appointed officials or staff responsible for any mishaps, injury or loss of life whatsoever that may occur in the course of, or as a result of his/her participation in the event.</i> <input type="checkbox"/> Agree <input type="checkbox"/> Disagree Signature: _____ Date: _____ | |
| Payment Mode <input type="checkbox"/> Cheque: _____ (Bank & Cheque No.) * Crossed cheques should be made payable to "Metta Welfare Association". <input type="checkbox"/> Credit Card: _____ (Visa No./MasterCard No.) Expiry Date: _____ | |

Charity Run participants to note:

- Registration ends 13 February 2010.
- Participants must be of 14 years of age and above on the race day to participate in the 10km run.
- There is no minimum age limit for the 5km run.
- Participants below the age of 18 are required to seek parental/guardian consent and fill up the above indemnity form.
- The Organiser reserves the rights to disqualify any participant who provides insufficient/inaccurate information on this card.
- In the event of inclement weather, the Organiser reserves the right to delay the commencement of the race. Should the inclement weather persist after delay, the Organiser reserves the right to cancel the Event without any refund of registration fees already paid.

Please fax completed form to 6580 4699, or mail to 32 Simei Street 1 Singapore 529950.
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